



STORY TELLING FOR OLDER
ADULTS IN RESIDENTIAL SETTINGS

1 SYSTEMATIC REVIEW
OF THE EVIDENCE
BASE FOR GROUP LANGUAGE
OR STORYTELLING
INTERVENTIONS IN
CARE HOMES:

STARs

2 CODESIGN
WITH:

A RESEARCH STUDY AT CITY, UNIVERSITY OF LONDON
FUNDED BY THE DUNHILL MEDICAL TRUST

RESULTS:

IMPROVEMENT
IN...
language,
COMMUNICATION

SOCIAL
DOMAINS!

ACTIVE
INGREDIENTS:



- CARE HOME ACTIVITIES STAFF
- RESIDENTS AND FAMILY MEMBERS
- SPEECH AND LANGUAGE THERAPISTS

COLLABORATIVE
DEVELOPMENT OF
STARs GROUP
INTERVENTION

3 COVID-19



4 A NATIONAL SURVEY OF ACTIVITIES STAFF
AND SPEECH & LANGUAGE THERAPISTS
IN CARE HOMES:

SURVEYED PRACTICE, PERCEIVED
KNOWLEDGE, SKILLS AND CONFIDENCE
SUPPORTING COMMUNICATION

RESULTS

- DESIRE FOR MORE TRAINING
IN COMMUNICATION SUPPORT
AND INTERVENTIONS FOR
CARE HOME STAFF

4 B STARs PILOT STUDY

GROUP CASE STUDY IN CARE HOME...

RESULTS

- STARs WAS FEASIBLE AND
LIKED BY RESIDENTS AND STAFF.
IT ALSO IMPROVED MENTAL
WELLBEING AND LANGUAGE
SKILLS IN SOME RESIDENTS

RESIDENT FEEDBACK...



"IT HELPS US
TALK ABOUT
OURSELVES"



"EVERYBODY'S
TALK WAS
DIFFERENT TO
THE OTHERS"



"I THOUGHT IT
WAS INTERESTING,
THE STORIES
THAT CAME
OUT"