

Our **recruitment deadline** is the end of August 2018. We are determined to meet this: we need just **14 more participants** to meet our final target 😊

We are very grateful for the **continued support** of our NHS colleagues. Please help us to achieve this final push: **thank you!!**

### **SUPERB Trial Management:**

The SUPERB **Data Management Committee (DMC)** will meet on **13<sup>th</sup> September 2018**, when data collection is complete.

This committee approves the data management plan, monitors adverse events, and monitors trial progress in relation to safety and ethical issues, including recruitment, uptake of the intervention and withdrawal from the trial.

In preparation for the meeting, our statisticians will write an open report for the members of the DMC, which will also be reviewed by our Trial Steering Committee (TSC). The DMC is scheduled to meet three more times during the course of the trial.

SUPERB is funded by:



And sponsored by:



# Newsletter 6, June 2018

## Milestones achieved since March:

Our **recruitment drive** continues to gather pace. We have now recruited **46 participants** – over 75% of our target!

A further two hospitals have joined the SUPERB study: a warm welcome to **St Pancras Hospital** and **Barnet Hospital**. We have also begun working with a number of **GP practices** in **Barnet, Camden, Islington, Tower Hamlets** and **Hackney**.

We will be presenting two posters about our work at the **World Federation for NeuroRehabilitation (WFNR) Special Interest Group conference**



in Prague, Czech Republic in July 2018. The WFNR is a multidisciplinary organisation open to any professional with an interest in neurological rehabilitation. The titles of our presentations are:

1. Adjustment post-stroke and aphasia: protocol for the SUpporting well-being through PEeR-Befriending (SUPERB trial)
2. Blinding participants and assessors in a feasibility randomised controlled trial of peer befriending for people with aphasia post-stroke

We will also be presenting the second poster at the **International Aphasia Rehabilitation (IARC)** conference in Aveiro, Portugal in September 2018, besides a further presentation entitled:



SUpporting wellbeing through PEeR-Befriending (SUPERB) trial: An exploration of fidelity in peer-befriending for people with aphasia.

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## Meet the **SUPERB** team:

**Prof Katerina Hilari** is leading the study

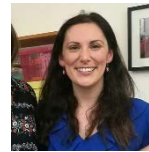


Our other researchers are:

**Dr Becky Moss**



**Dr Nick Behn** is the main researcher



**Katie Monelly**

**Alex Scott** is our administrator



**Dr Abi Roper**



## Recruitment

--- Projected recruitment  
— Where we are now

