

### Milestones achieved since December:

We have had two abstracts accepted, and will be presenting two posters about our work at the **World Federation for NeuroRehabilitation (WFNR) Special Interest Group conference** in Prague, Czech Republic in July 2018. This is a multidisciplinary conference incorporating all rehabilitation disciplines including Neuropsychology, Clinical Psychology, Occupational Therapy, Speech and Language Therapy, Physiotherapy, Social Work, Medicine and Nursing.



Our **Steering Committee (SC)** met in December 2017. The SC consists of an independent chairperson and independent and non-independent members, as well as the manager Nick Behn, and key partners from our recruiting sites. This group will meet six times during the course of the SUPERB project to oversee the study management, and is responsible for reviewing and approving documentation and overseeing the conduct of the study, including advising on continuing or stopping the study in light of advice from the DMC (see below). The SC did not identify any issues and has authorised the study to proceed as planned.

Our **Data Management Committee (DMC)** also convened in December 2017. The DMC comprises a chairperson, a specialist with interest in studies for people with stroke and aphasia, and a statistician; all are independent from the study. This committee will meet four times during the course of the project to approve the data management plan, monitor adverse events, and to track the progress of the study in relation to safety and ethical issues, including recruitment, and withdrawals from the study. Again, no concerns were raised.

Our **user group** of four people with aphasia and one 'significant other' met in January 2018. This group will meet five times and will advise on management issues, the implications of our findings, and dissemination to the stroke community. They suggested we should produce a separate newsletter for people with aphasia – the first one is out this month

SUPERB is funded by:

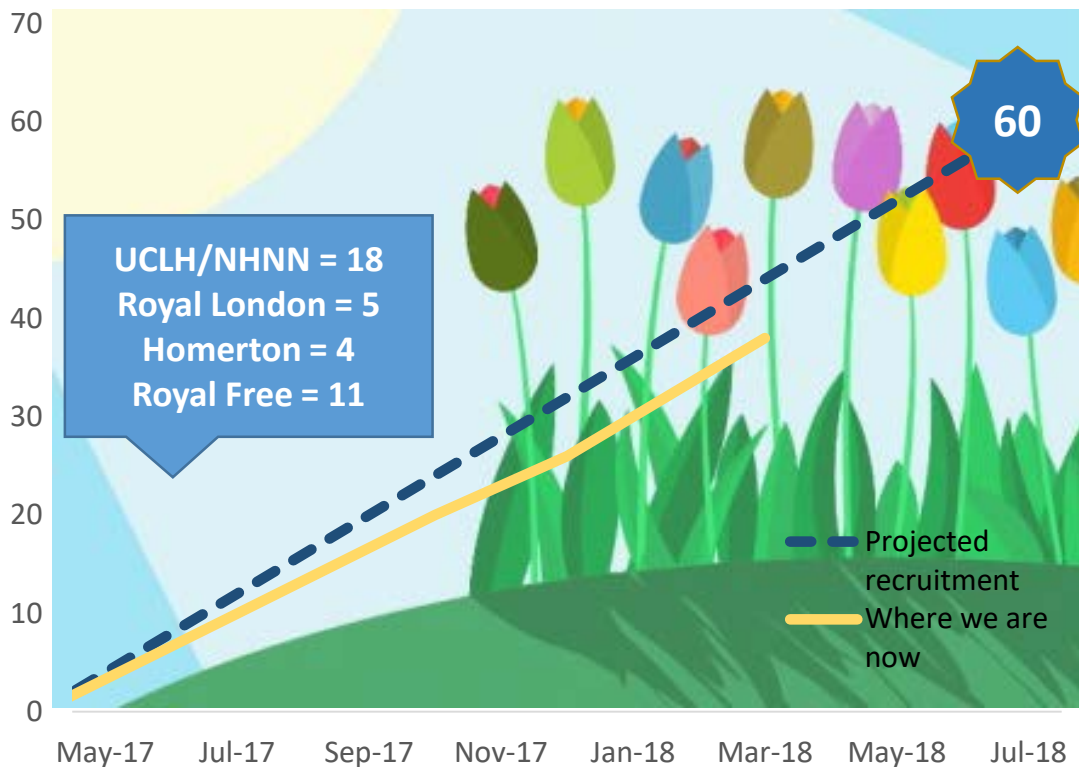


And sponsored by:



# Newsletter 5, March 2018

We have now recruited **38 participants** – almost two thirds of our target!!



## What is SUPERB?

SUPERB is a **research study**. It aims to find out what helps people **adjust** and **get on with life** after **stroke** and **aphasia**.

## Why are we doing the research?

People have **emotional needs** after **stroke** and **aphasia**. We **don't know enough** about these needs. We want to know what **helps**.

## What will happen?

SUPERB researchers will visit **60 people with aphasia** at **home**, and ask **questions** about how they are **feeling** and how they are **getting on** with things.

### Meet the **SUPERB** team:



**Prof Katerina Hilari** is **leading** the study



**Dr Nick Behn** is the **main researcher**

Our **other researchers** are:



**Dr Becky Moss**



**Katie Monnelly**



**Dr Abi Roper**



**Alex Scott** is our newly  
appointed **administrator**