

Newsletter 1 March 2017

What is SUPERB?

SUPERB is a research study

It aims to find out what helps people adjust and get on with life after stroke and aphasia

Why are we doing the research?
People have emotional needs after stroke and aphasia

We **don't know enough** about these needs

Some people may get support from a team of **professionals**

Some people may attend **stroke groups**

Some people may get **visits** at home

We want to know what works best

What will happen?

SUPERB researchers will:

- visit 60 people with aphasia at home
- ask questions about how they are feeling and how they are getting on with things.

Who is on the **SUPERB team**?

Prof Katerina Hilari is leading the study





Dr Nick Behn is the main researcher

Becky Moss is a researcher





Cecile Bremont is our administrator

Who are we working with?

We are working with four London boroughs:

Camden, Islington, Tower Hamlets and Hackney

We are working with **five** hospitals:

- Royal London
- Homerton
- Royal Free
- National Hospital for Neurology and Neurosurgery
- UCL

We are looking forward to working with the staff and people with aphasia involved

SUPERB is funded by:



And sponsored by:



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Milestones achieved:

✓ Five workshops with consultants with aphasia have been held



- ✓ Our research protocol is finalised

 ✓ The protocol was presented at the PHASA PRINCIPLE Phasis Rehabilitation **Conference**



- √ We have ethics approval and HRA approval
- √ We have R&D approval from Homerton, Royal Free and Royal London hospitals
- √ SUPERB has been adopted into the NIHR Clinical Research Network (CRN) Portfolio
- √√ AND: we have recruited first our participants!

We are **working** on:

R&D approval from UCLH

Training our researchers

Site initiation visits

Recruitment of more participants with aphasia

Setting up a user group



* * * * * Star site this newsletter: * * * *



Homerton hospital for most efficient approval process



Thank you to all our collaborators and participants

Please let us know how we can support your work with SUPERB superbadmin@city.ac.uk

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