

# Newsletter 7 September 2018

### Milestones achieved since June:



SUPERB has reached its recruitment target! We are delighted to be

working with **60 people** who have **aphasia after stroke**, to learn more about what improves their **adjustment and wellbeing**.



With **sincere thanks** to all of our **research participants** for agreeing to meet with the SUPERB team.

We are also grateful to: University College Hospital, the National Hospital for Neurology and Neurosurgery, Homerton Hospital, the Royal London Hospital, the Royal Free Hospital, St Pancras Hospital and Barnet Hospital, for helping us to achieve this target.

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#### What is SUPERB?



SUPERB is a research study.

It aims to find out what helps people adjust and get on with life after stroke and aphasia.

#### Why are we doing the research?



People have emotional needs after stroke and aphasia

We don't know enough about these needs.

We want to know what helps.

#### What will happen?

SUPERB researchers will:



- visit 60 people with aphasia at home
- ask questions about how they are feeling and how they are getting on with things.

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### Meet the SUPERB team:

Prof Katerina Hilari is leading the study



Dr Nick Behn is the main researcher





**Dr Becky Moss** 



**Katie Monnelly** 



**Dr Abi Roper** 



Alex Scott is our administrator

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